

Safe Mobility of Older Persons

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Transportation Research Board
Committee ANB60
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Dear Colleagues:

Once again we are putting out a special issue of the ANB60 Newsletter, this time to call renewed attention to the joint conference of the America Society on Aging and the National Council on Aging, which meet jointly at the end of this month in the nation's capital.

We published an ASA-NCOA transportation track agenda earlier, but there have been some modifications. This edition provides up-to-date information on panels and presentations.

Note also that a peer group will convene at lunch time Thursday headed by our ANB60 regulars Nina Silverstein, Fran Carlin-Rogers and John Eberhard.

Peer groups offer the special advantage of letting participants share ideas, talk about common problems and relate concerns.

Peer groups are a particularly useful form of networking, so plan to join this one when you attend the conference.

Best wishes,
Karlene



Committee on Safe Mobility of Older Persons Newsletter

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ASA-NCOA Conference Reprise

Two Associations List Change In Transportation Sessions

The joint annual conference of the nation's two largest associations that deal with aging issues will be held March 27-30, 2008 in Washington D.C., as reported in earlier editions of the ANB60 Newsletter. Some program modifications have occurred, so the entire transportation track is presented here again.

The American Society on Aging and the National Council on Aging will gather at two conference hotels, the Marriot Wardman Park and the adjacent Omni-Shoreham.

A major element of the program will be the convening of a peer group Thursday, March 27 at noon, under the leadership of John Eberhard, jeberhard2@msn.com; Nina Silverstein, nina.silverstein@umb.edu; and Fran Carlin-Rogers, FRCR201@aol.com. The peer session will be in the Omni-Shoreham Capital Room. Attendees will need to bring a lunch. (Note that Grab and Go will be available at Starbucks in the Marriot Wednesday and Thursday, and in the Exhibition Hall Friday and Saturday).

The complete schedule:

THURSDAY, MARCH 27

10:15 -11:45 a.m.

Driving and Dementia: Behaviors, Decisions and Assessment

Session Number/Code: 114

Room: *Omni Hotel – Capitol Room*

- **Geri Adler**

Assistant Professor, Graduate College of Social Work, University of Houston

- **Marla Berg-Weger**

Professor, Saint Louis University

- **Elin Schold Davis**

Coordinator, AOTA Older Driver Initiative, AOTA

This session will discuss driving behaviors, driving decisions, and the role of driving assessment in dementia care and management, examining these issues from the viewpoint of drivers and families, as well as occupational therapists and driving rehabilitation specialists who conduct driving assessments with this population.

Community Coordination of Transportation Services

Session Number/Code: 139

Room: *Omni Hotel – Embassy Room*

- **Fran Carlin Rogers, BA**

Senior Transportation Consultant, Carlin Rogers Consulting

- **Katherine Freund, MA**

President and Executive Director, ITNAmerica

- **Jeffrey Finn, MA**

Senior Communications Consultant, American Society on Aging

- **Mary A. Leary MAS, MCG**

Senior Director, Transportation Initiatives, Easter Seals Office of Public Affairs

This session draws on the experience of national experts to provide lessons about assessing the adequacy of transportation options within a community and implementing strategies for broadening and coordinating such options in the community setting.

The **peer group** meets from noon to 1 p.m. Thursday, March 27 in the Omni Hotel Capitol Room. Transportation is a key element in enabling older people to age in place. ASA members have been active in developing programs to assist older people to have safe mobility as late in life as possible. This peer group will facilitate the development of programs to aid older people to extend their mobility into old age.

Peer group leaders are **Fran Carlin-Rogers**, Carlin-Rogers Consulting; **Nina Silverstein**, PhD, Professor and Director, Undergraduate Gerontology Programs, University of Massachusetts, College of Public and Community Service; and **John Eberhard**, PhD, Senior Consultant, Aging and Transportation Issues, Howard County Commission on Aging.

FRIDAY, MARCH 28

10:15-11:15 a.m.

Travel Training for Seniors

Session Number/Code: 400

Room: *Omni Hotel – Capitol Room*

- **Kevin Welch**

Assistant Director of Mobility Options, Paratransit Inc.

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- **Julie Wilcke**

Mobility Manager, Ride Connection

Learn about travel training for seniors from two experienced providers. This session will cover the benefits and value to a community of travel training, why travel training should be included in the continuum of transportation services available to seniors, and how programs can be designed to meet a community's specific needs.

1:30-2:30 p.m.

Successful Models of Advocacy in Transportation

Session Number/Code: 540

Room: *Omni Hotel – Capitol Room*

- **Lisa R Peters-Beumer**

Project Director, Easter Seals

- **Katherine Freund M.A.**

President and Executive Director, ITNAmerica

- **John Eberhard Ph.D.**

Chair, Howard County Commission on Aging, transportation committee

- **Fran Carlin-Rogers BA**

Senior Transportation Consultant, Carlin Rogers Consulting

This session will look at strategies and models in transportation that have been successful in changing policy through coalition and network building, as well as sound research, practice and design. Learn how accessing national resources in advocating a political agenda at the state and local levels can prove successful in promoting aging in place.

4-5 p.m.

Older Driver Safety and Exposure

Session Number/Code: 564 678

Room: *Omni Hotel – Capitol Room*

- **Dennis McCarthy PhD, OTR/L**

Research Assistant Professor, University of Florida

This session will examine the issues of older driver safety and identify red flags indicative of unsafe driving performance.

4-5 p.m.

Senior Transportation: 2008 to 2028

Session Number/Code: 680

Room: *Omni Hotel – Embassy Room*

- **Jane Hardin J.D.**

Coordinator, Senior Transportation Programs, Community Transportation Association of America

- **Jana Lynott**

Strategic Policy Advisor-Transportation/Livable, AARP--Public Policy Institute

Three issues will have profound effect on the extent and shape of senior transportation: community design, employment of older persons, and coordination of the range of senior mobility options. This session will review of what is happening today with these three issues and look at what senior transportation may look like in 20 years.

4-5 p.m.

Aging in Place: Livable Communities Present a Viable Option

Session Number/Code: 740 POSTER

Room: *Marriott Hotel – Exposition Atrium Tower A*

- **Judith Griffin MS**

Gerontology Doctoral Student, University of Massachusetts Boston

- **Nina M. Silverstein PhD**

Professor & Director, Undergraduate Gerontology Programs, Univ of Massachusetts, College of Public & Community Service

AARPs initiative on Livable Communities presents a useful strategy for examining the special features of communities that make aging in place a viable option. A convenience sample of seven communities in Massachusetts was studied in conjunction with elder action-research classes. Results will be reported.

5:15-6:15 p.m.

Driver Safety Program for Older Adults

Session Number/Code: 822 POSTER

Room: *Marriott Hotel – Exposition Atrium Tower A*

Anne Dickerson PhD, OTR/L, Chair, East Carolina University

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This research study was developed to determine if a community-based educational intervention was an effective means for changing the awareness of an older adult's driving behavior. A 45-minute presentation conducted in three informal senior settings, the program was shown to be effective in changing the perception of driving ability and importance.

5:15-6:15 p.m.

Approaches to Community Mobility Solutions

Session Number/Code: 782

Room: Omni Hotel – Capitol Room

- **Nina M. Silverstein PhD**
Professor & Director, Undergraduate Gerontology Programs, Univ of Massachusetts, College of Public & Community Service
- **Helen Kerschner PhD**
President & CEO, Beverly Foundation
- **Katherine Freund M.A.**
President and Executive Director, ITNAmerica

Two well-respected national leaders in alternative transportation will share their points of view on meeting the mobility needs of older adults who cease or limit their driving. Areas of divergent opinion include: Philosophical approaches, definitions of critical issues, funding sources, and views on replication and alternative transportation models.

5:15-6:15 p.m.

Age, Events, Errors and Consequences in a National Highway Crash Study

Session Number/Code: 780

Room: Omni Hotel – Calvert Room

- **Lawrence Nitz PhD**
Professor, Political Science, University of Hawaii at Manoa

Aging brings changes in perceptual abilities, coordination, and in some cases judgment. This session will highlight a study that examines ten years of U.S. crash data to link environment or events, the actions of the driver, and the consequences of the act for older drivers.

SATURDAY, MARCH 29

9:15-10:15 a.m.

Volunteer Drivers: The Hope of the Future

Session Number/Code: 1044

Room: Omni Hotel – Capitol Room

- **Helen Kerschner PhD**
President & CEO, Beverly Foundation
- **Marie-Helene Rousseau PhD**
Director of Research, Beverly Foundation

This session will provide detailed data on volunteer drivers maintained by the Beverly Foundation. It will describe who they are, what they do, when they drive, why they drive, and where they go. Almost 60% of the drivers are age 65+, so volunteer driver programs often join the two sides of aging by enabling elders to help elders.

10:30-11:30 a.m.

Rural Mobility: A Model for the Future

Session Number/Code: 1116

Room: Omni Hotel – Capitol Room

- **Kenneth S. Bock Masters of**
Deputy Director, CHEER, Inc.

Rural isolation, the absence of mobility critical to connect people with their community is often the most important factor determining quality of life. Increasing demands and limited resources require new approaches to transportation. This session will describe a model for the future based upon simplicity for users and flexibility for agencies.

11:45 a.m.-12:15 p.m.

Remaining Independent at Home Through Community Engagement

Session Number/Code: 1192

Room: Omni Hotel – Capitol Room

- **Ruth Sperber M.S.S.**
Executive Director, ElderNet of Lower Merion and Narberth

This workshop is for communities that want to help older people remain at home, improve quality of life, and access medical care when they are frail and can no longer drive. Through the use of volunteer and social work assistance, older people of low/moderate income are able to remain living independently.

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11:45 a.m.-12:15 p.m.

Techniques to Recruit Volunteer Drivers

Session Number/Code: 1198

Room: *Marriott Hotel – Delaware Suite B*

- **Jean Teel MA**

Executive Director, Faith in Action Caregivers-West
Austin

This session will explore various methods for recruiting volunteers as drivers for senior transportation programs. Every volunteer transportation program needs drivers, so whether you operate a new or established program you can join in and share the wealth of ideas.

1:30-2:30 p.m.

Integrating "Real" Senior Transportation Research, Practice and Policy

Session Number/Code: 1314

Room: *Omni Hotel – Capitol Room*

- **Alice E. Smith Ph.D.**

Professor, Clark University

- **Warren K. Smith BSEE**

Chairperson, Senior Mobility Initiative on Cape Cod

This session will describe a three-step process in which analysts and policymakers used information gathered from research to develop processes so that residents could utilize available and inexpensive transportation methods. They developed categories of mobility as well as a screening tool, and they explored alternative strategies for those unable to use public transportation.

1:30-2:30 p.m.

Financing Senior Transportation Options

Session Number/Code: 1312

Room: *Omni Hotel – Governor's Boardroom*

- **Helen Kerschner PhD**

President & CEO, Beverly Foundation

- **Jean Teel MA**

Executive Director, Faith in Action Caregivers-West
Austin

- **Barbara Cline**

Executive Director, Prairie Hills Transit

This workshop will discuss transportation resource development based on location and size of communities. Three nationally recognized leaders of transportation programs from diverse communities serving older adults will share their secrets to sustainability and quality transportation service as well as financing methods used.

2:45-3:45 p.m.

Seniors on the Move: Teaching Elders How to Use Public Transit

Session Number/Code: 1552

Room: *Marriott Hotel – Washington Room 5*

- **Susan Unger MA**

Travel Training Coordinator, Special Transit

This session will describe the Seniors on the Move program and how through classroom instruction, group outings and ongoing individual assistance it teaches older adults how to use public transit. In so doing, Seniors on the Move helps older adults maintain their personal independence, as well as community involvement.

2:45-3:45 p.m.

Senior Transportation Options in Fairfax County, Virginia

Session Number/Code: 1526

Room: *Marriott Hotel – Washington Room 5*

- **Denis Paddeu**

Program Manager for Senior Transportation, Fairfax County, VA Department of Transportation

- **Jeanna Muhoro**

Senior Citizen Transportation Outreach Coordinator, Fairfax County, VA Department of Transportation

This session will describe some of the innovative ideas being put to use in Fairfax County, Va., including two innovative transportation programs. Presenters also will discuss a fixed-route bus that has been converted into a traveling education vehicle for elders who might otherwise be unable to get transportation instruction.

Meet MATT (Mobile Accessible Travel Training), the travel training bus, climb aboard and come to understand how it addresses the comprehensive transportation needs of elders.

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MATT will be parked in the Upper Valet Lot, Marriott—2:45-4 p.m. Climb Aboard!

2:45- 3:45 p.m.

We Need to Talk: Family Conversations With Older Drivers

Session Number/Code: 1550

Room: *Marriott Hotel – Washington Room 5*

- **Scott Wegenast B.A. - Pol**
Program Coordinator, AARP Kentucky
- **Rebecca Groff**
Community Outreach, AARP Iowa

Deciding when and how to stop driving is difficult for elders. This session will explore who is the best person to talk with older drivers about retiring from driving, how and when that conversation should take place and what are the early indications that someone should stop driving. The presentation will include research and development background for the program.

2:45-3:45 p.m.

Older Drivers and Their Family Members: Is There Congruence in Perspectives?

Session Number/Code: 1494 POSTER

Room: *Marriott Hotel – Exposition Atrium Tower D*

- **Amy Horowitz DSW/PhD**
Director of Research, Jewish Home & Hospital
Lifecare Services/Mt. Sinai School of Medicine
- **Joann P. Reinhardt PhD**
Associate Director of Research, Jewish Home &
Hospital Lifecare System

Family members of an older driver may be involved in driving decisions despite both parties having dissimilar perspectives about the latter's driving. This session will discuss the implications of incongruence for eventual driving decisions and mental health outcomes, and relevance to programs that address the needs of both older drivers and their families.

4-5 p.m.

Watch Out! Maybe It's Time to Stop Driving

Session Number/Code: 1632

Room: *Marriott Hotel – Washington Room 5*

- **Judith McKelvey MD**

Producer, Whole Family Productions, LLC

This session will outline a lighthearted approach to the serious subject of senior driver retirement. Watch Out! features nationally known experts and was created by a group of mature adults who collaborate with talented young media and communications graduates to create positive, growth-oriented programs.

4-5 p.m.

Bringing Transportation Resources to Your Community

Session Number/Code: 1562

Room: *Omni Hotel – Capitol Room*

- **Fran Carlin-Rogers BA**
Senior Transportation Consultant, Carlin Rogers Consulting
- **Jeff Finn**
Senior Communications Consultant, American Society on Aging
- **Nicole Kaplan LCSW**
Center on Aging- Program Dev., Motion Picture & TV Fund
- **Selma Sauls**
Planner II, Florida Dept of Highway Safety & Motor Vehicles
- **John W. Eberhard Ph.D**
Senior Consultant, Aging & Transportation Issues, Howard County Commission on Aging

Real-world examples of utilization of new transportation resources will be shared with participants. Several successful strategies will be discussed. Our goal is to give you some great ideas for your own community.

AND CHECK OUT THE FOLLOWING EXHIBITS:

AARP	Booth 401, 500
CDC National Center for Injury Prevention	Booth 808
Community Transportation Association	Booth 801
MJM Innovations	Booth 318
National Center on Senior Transportation	Booth 404